Donegal
Youth Service
Youth Work Ireland

Annual Report

2023

Youth Work Ireland

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Donegal
Youth Service
Youth Work Ireland

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DYS in Numbers 2023

19322
Young People Engaged

311
Volunteers

3627
Young People Trained

407
Adults Trained

2079
One To One Hours

Mission Vision & Guiding Principles

Vision

"A society where every young person is safe, fulfilled and reaching their full potential."

Mission

"To engage young people in a process of learning and development where they are valued and supported to be the best they can be."

Guiding Principles

Donegal Youth Service ...

1. Works to the guiding principles of the UN Convention on the Rights of the Child.
2. Creates youth friendly services, keeping voluntary engagement at the core of what we do.
3. Keeps young people and the adult volunteers that support them central to the work we do.
4. Treats young people with respect, dignity, empathy and unconditional positive regard.
5. Builds and maintains partnerships that address the needs of young people.
6. Provides an accessible, inclusive and integrated service.
7. Continues to develop supportive relationships that nurture meaningful engagements and outcomes for young people.
8. Values flexibility, innovation, creativity and supportive learning environments.
9. Advocates on issues that impact on the lives of young people.
10. Adopts best practice, gathering data and critically reflecting on our work.

Regional Director & Chairperson Address

Lorraine Thompson & Frank Dooley/Marina Carlin

We are delighted to present the DYS Annual Report 2023. As an organisation, DYS continues to grow to meet the evolving needs of young people, while remaining true to our core values. Our governance structures adhere to quality assurance standards and best practices, and we are dedicated to excellence in all our efforts.

Reflecting on our achievements this past year, we are reminded of Nelson Mandela's quote: "The youth of today are the leaders of tomorrow." It is essential that young people are nurtured, valued, and given the opportunities to develop their potential, and Youth Work is the perfect vehicle to make this happen.

DYS embodies this belief by empowering young people to shape their futures and supporting adult volunteers in giving back to their communities. Over the past year, our focus has been on addressing the challenges posed by the COVID-19 pandemic and the ongoing cost-of-living crisis, both of which have significantly impacted young people and youth services across Ireland. With nearly a third of Ireland's population under 24, we have one of the largest youth populations in Europe. It is important to note the persistent challenges of insufficient funding for youth work, the impact of the rising cost of living on young people and their families, and the increasing need for mental health support among young people. DYS is committed to highlighting and addressing these issues both as an organisation and as part of a broader collective effort.

It is vital to recognise the significant role young people play in Irish society. We have made substantial strides in promoting and integrating young voices and encouraging participation in decision-making processes. At DYS, this commitment is central to our identity. Young people engage with us because they choose to, and we empower and support them to take the lead. Valuing young people's voices acknowledges that they are not just the future but also the present. At DYS, we are proud to work with young people to ensure that our services are shaped by their input and engagement.

We are incredibly proud of our staff and volunteers, who bring a diverse range of skills, a deep commitment to improving the lives of young people, and a dynamic, creative spirit. Our strategic partnerships are more vital than ever, enabling us to collaborate across DYS and with the wider voluntary and statutory sectors to ensure that young people have the support they need, in whatever form that may take.

We invite you to read about all the amazing work and achievements of the service in 2023 and are happy to share and celebrate the work in this report.

Lorraine Thompson RD
Frank Dooley: Chairperson Jan- Oct
Marina Carlin: Chairperson Oct-Dec

Board of Directors

2023

Chairperson: Frank Dooley
Vice Chair: Marina Carlin
Secretary: Ciaran Maguire
Treasurer: Aoife Louise McCullagh
John Byrne
Shaun Dorrian
Beibhinn Mullins
Stephen O'Donnell
Seán Ó Longáin
Suzi Roarty
Tussie Mc Fadden

DYS BOD Attendance 2023

FD: Frank Dooley, MC: Marina Carlin,C Mc G: Ciaran Maguire, JB: John Byrne, SD: Shaun Dorrian, SOL: Seán Ó Longáin, SOD: Stephen O Donnell, BM: Bebhinn Mullins, SR: Suzi Roarty, T Mc F: Tussie Mc Fadden, AMcC: Aoife Louise McCullagh

*MAY NO QUORUM NO MEETING
*SEPTEMBER AGM

*	Present
A	Apologies
X	Absent
L	Left

DYS BOD ATTENDANCE 2023

Name	Jan	Feb	Mar	Apr	*May	June	July	*Sept	Oct	Nov	Dec
FD	*	*	*	*		*	*		*	*	*
MC	*	*	A	*		*	A		*	*	*
A Mc C	A	*	*	*		*	A		*	*	*
C Mc G	*	*	*	*		*	*		*	*	*
SOD	*	*	*	*		*	A		*	*	*
JB	*	*	*	*		A	A		X		
SOL	*	*	*	A		*	*		X	L	L
T Mc F	*	*	*	*		*	*		A	*	*
SR	*	*	*	*		*	*		X	*	A
BM	*	A	X	A		*	*		*	*	A
SD	*	A	A	*		A	*		*	*	A

DYS Staff

Donegal Youth Service
Youth Work Ireland

Lorraine Thompson
Regional Director

Charlene Logue
Outreach Manager

Gareth Gibson
Information Manager

Frankie McGreevy
OG Manager

Maria Crossan
Finance Manager

Lee Stephenson
CE Supervisior

Michelle Sweeney
Administrator

Dominic McGlinchey
Youth Worker

Sinead Murray-Lynch
Youth Worker

Laura Byrne
Youth Worker

Pauric Bell
Youth Worker

Niamh Murphy
Social Media/PR

Aideen Shiels
Administrator

Elaine Begley
Youth Worker

Megan Rushe
Youth Worker

Bernie Cunningham
Youth Worker

Jason Doherty
Youth Worker

Chris Toye
Youth Worker

Siobhan O'Connor
Youth Worker

Billy Banda
Youth Worker

Katarzyna Kurzeja
Youth Information Officer

Eve King
Youth Worker

Pearl Johnston
Youth Worker

Fadl Mustapha
Youth Worker

Yvonne Tilley
Youth Worker

Mark Reader
Youth Worker

Adrian Begley
Youth Worker

Michelle Wylam
Youth Worker

Helen Slmms
Youth Worker

Jackie Ferry
Youth Worker

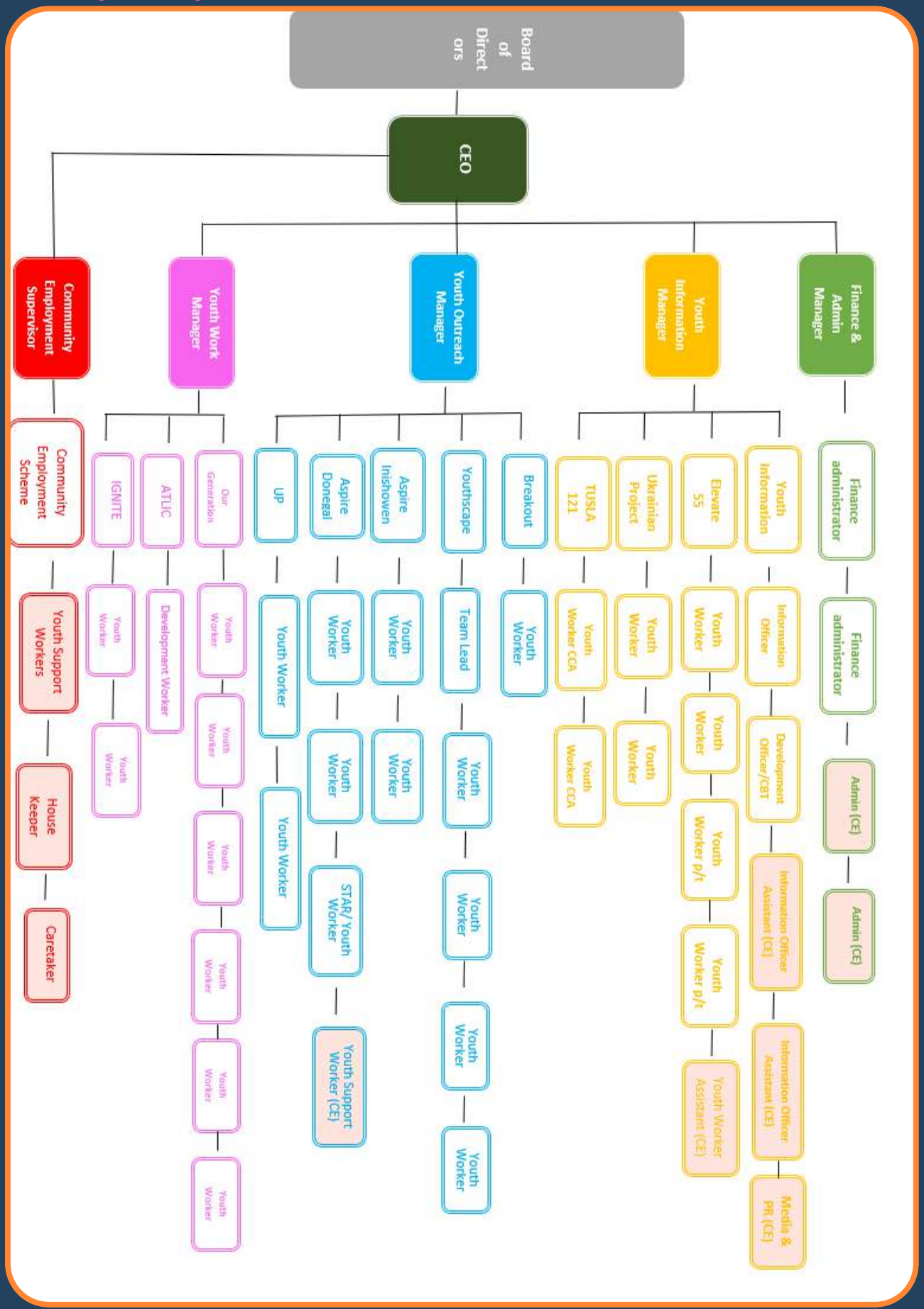
Derek Callaghan
Youth Worker/PR

Avril Hunt
Youth Worker

Joanne McCauley
Youth Worker

Conor Malone
Youth Worker

Organogram


Board of Directors
CEO
Finance & Admin Manager
Youth Information Manager
Youth Outreach Manager
Youth Work Manager
Community Employment Supervisor
Finance administrator
Finance administrator
Admin (CE)
Admin (CE)
Youth Information
Information Officer
Development Officer/CBT
Information Officer Assistant (CE)
Information Officer Assistant (CE)
Media & PR (CE)
Elevate 55
Youth Worker
Youth Worker
Youth Worker p/t
Youth Worker p/t
Youth Worker Assistant (CE)
Ukrainian Project
Youth Worker
Youth Worker
TUSLA 121
Youth Worker CCA
Youth Worker CCA
Breakout
Youth Worker
Youthscape
Team Lead
Youth Worker
Youth Worker
Youth Worker
Aspire Inishowen
Youth Worker
Youth Worker
Aspire Donegal
Youth Worker
Youth Worker
STAR/ Youth Worker
Youth Support Worker (CE)
UP
Youth Worker
Youth Worker
Our Generation
Youth Worker
Youth Worker
Youth Worker
Youth Worker
Youth Worker
Youth Worker
ATLIC
Development Worker
IGNITE
Youth Worker
Youth Worker
Community Employment Scheme
Youth Support Workers
House Keeper
Caretaker

ELEVATE 55
POWERED BY THE LOFT

WHAT?

The Elevate 55 Youth Project is a support service for young people aged 8 to 21, to engage in activities and personal development programmes, to overcome difficulties in their lives. Within Elevate 55, young people may partake in group work programmes, one-to-one youth work, advocacy services, youth drop-in space and seasonal activity programmes.

WHERE?

Letterkenny & North Central Child & Family Support Network, Donegal

WHEN?

Monday - Saturday

WHY?

To give young people a safe space to socialise and connect with other young people.
To support and encourage young people to reach their full potential through various programmes, group work and one to one support.

STAFF?

Gareth Gibson, Pauric Bell, Laura Byrne, Billy Banda, Jason Doherty, Siobhan O'Connor

FUNDERS?

Tusla

TUSLA
An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Provision of social and personal development groups ages 12+ International Mentors, Fit for Life, Healthy Hacks, Our Group, Loft radio, Gaming Night, World Wide Voices, Young Carers.
Provision of Friday night and Saturday Drop in service
Provision of one to one youth work
Personal development programme - Mulroy College targeted group identified by the school
St Patricks day event - alcohol free celebrations 120 participants
Music Tuition and Dungeon and Dragons introduced to existing programmes in response to young peoples interests
Outreach into local schools Portlean NS and Loreto Milford

Healthy Hacks group participated in the North West sponsored 10km
Provision of Easter break activities - competitions and gig nights
World Wide Voices Employability Event- past service users offered a workshop for current service users on work skills, resilience and perseverance. World Wide Voices provided support for writing CV's and letters of recommendation.
World Wide Voices secured funding from Donegal County Council's Culture and Creativity Team to support young hard to reach people to access creative activities
Personal Development programme for St. Eunans LCA

World Wide Voices supported the Errigal Arts Festival in the Fadó Fadó project.
Supporting Meitheals

Graffiti summer camp engagement programme Letterkenny
Art summer camp engagement programme Letterkenny
Steam camp summer engagement programme Letterkenny
Multi Activity camp summer engagement programme Letterkenny
Multi Activity camp Ramelton - outreach work North Central area
Party in the Park
Young Carers social group
Social group created for Donegal Downe Syndrome
Stem Camp Mevagh - outreach work North Central area younger age cohort responsive to needs of the area

Creation of junior Art group in response to the needs arising from integration work and needs of young people
Outreach to local national schools sixth class introduction to 'The Loft'
Creation of monthly gig night responsive to the needs of young people for a creative age appropriate performance space
Half term activities Letterkenny and Mevagh

Targeted introduction to services for St Eunans students- Neurodiverse Support Group
Targeted introduction to services TY students in Deele College and Errigal College
Support offered to families effected by defective blocks- partnership with Cara House
Establishment of IYMAS YWI National Programme
Celebration Event- raising the profile of the service and celebrating the current engagement of young people
Christmas celebrations for groups

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

Creation of volunteer communications group
Provision of work experience to TY students
Direction of volunteers to Safeguarding training
Christmas social event for volunteers

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

CFSN presentation of Elevate 55 programme
Supporting schools in North Central area
Errigal Arts Festival

ATU provision of work placements students
Donegal County Council's Culture and Creativity Team
Supporting the work of integration services Ukrainian young people and IPAS Centre
Supporting CFSN North Central area- subgroup on assaults involving young people along
Jigsaw - supporting key workers and their young people with signposting into the Elevate55 socials and programmes
Donegal Downe Syndrome
Cara House
Mevagh FRC

STRATEGIC GOAL 4 QUALITY GOVERNANCE

Monthly supervisions
Secure case tracking software records
Monthly external supervision
Monthly staff meetings
Monthly team meetings

"Wide selection of activities. Very comfortable welcoming space with friendly staff" Parent

"It's a home from home for me"
Young Person

ELEVATE 55
POWERED BY THE LOFT

Community Employment Project

WHAT?

A training programme for long term unemployed people to gain work experience and training, building confidence and employability skills to enter mainstream employment or further education.

Each participant has an Individual Learning Plan tailored to their needs and supported by the CE Supervisor to develop and enhance their employability.

WHERE?

Club Oige Pobail Le Cheile, Falcarragh.
Raphoe FRC, Raphoe.
St. Bridget's YC, Clonmany.
Planet Youth, Ballybofey.
Manorcunningham Resource Centre
Youth Information Centre
LOFT
Donegal Youth Service

WHEN?

CE Supervisor Lee Stephenson 8.30 - 5 DYS Office
All CE staff have varied working hours depending on the needs/opening time of the Clubs/projects.

WHY?

To help people gain work experience and training to progress into employment while at the same time providing support to young people and the community

STAFF?

Lee Stephenson, Angela Boyce, Denis Whoriskey, Hugo Wallace, Niamh Murphy, Olivia Cole, Paul Anderson, Frank Hicks, Bola Oloruntola and Joseph McBride.

FUNDERS?

Dept of Employment Affairs and Social Protection

An Roinn Gnóthaí Fostaíochta agus Coimirce Sóisialaí
Department of Employment Affairs and Social Protection

The CE participants provide support and assistance as Youth Support Workers to the various DYS projects including the Youth Information Centre, The Loft, Aspire and locally affiliated Youth Clubs across the county. It also supports the DYS office through reception duties, administration and media assistance. The participants gain valuable work experience and related training in their field of employment i.e. Youth Work, Facilitation Skills, Information Provision, Office Skills and Media Training. On the last completed CE Project participants completed various training courses with 4 of these being Major awards. Progression: 2 participants progressed into employment, 1 into Self Employment, 1 transferred to another CE Project and 1 into Full Time Education. This represents a 50% positive progression rate and currently 8 ex DYS CE Participants are currently employed directly with the DYS.

'I am greatly enjoying my time with Donegal Youth Service as a CE worker. As well as priceless experience working with young people directly I am actively engaging with training to further my skill set and the CE scheme enables me to be flexible with my time to allow me to both work and study.'

Frank

Our Generation

OUR generation
Growing Up Better, Together

WHAT?

Our Generation a cross-border project delivered in partnership with 7 regional partners that aims to reach 35,000 young people and adults who support them during the life of the project. The Our Generation programme promotes the personal development and positive mental health of young people through programmes that address emotional resilience and social action. The project also offers training for young people and key contacts, including teachers, with an emphasis on trauma informed practice and peacebuilding.

WHERE?

Donegal, Sligo, Leitrim, Cavan and Monaghan

WHEN?

Monday - Friday depending on delivery location

WHY?

To promote the personal development and positive mental health of young people and to build emotional resilience.

STAFF?

Frankie Mc Greevy, Joanne McCauley, Avril Hunt, Fadl Mustapha, Eve King and Laura Byrne

FUNDERS?

SEUPB and Peace IV

Special EU Programmes Body
Foras Um Chláir Speisialta An AE
Boord O Owre Ocht UE Projecks

Peace
Northern Ireland - Ireland
European Regional Development Fund

THE OUR GENERATION PROJECT IS A PEACE IV PROJECT DEDICATED TO IMPROVING THE MENTAL HEALTH RESILIENCE OF YOUNG PEOPLE SO THAT THEY ARE BETTER EQUIPPED TO ENGAGE IN PEACE BUILDING

In 2023 we worked in over 80 locations across Cavan, Monaghan, Sligo Leitrim and Donegal delivering Mental Health Resilience programmes including Healthy Me for National School age groups and Provoking Thought for secondary school aged young people.

We also worked in GAA clubs, Family Resource Centres and Youth Clubs across the region.

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

In January of 2023 we carried out a fantastic Conference on Autism with our project partners.
We also carried out a very successful Art Project at the Primary Care Centre in Buncrana.
We carried out a very successful residential with young people in Inishowen addressing mental health resilience.

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

We actively engaged with training Youth Work volunteers and key contacts of young people across Donegal, Cavan, Monaghan, Sligo and Leitrim.
The main areas of delivery for volunteers were in suicide prevention training specifically, Safetalk, ASIST Programme and Provoking thought Mental Health Resilience Programmes with adults across our area of delivery.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

We actively engaged with local youth services in the Child and Family Support Networks and Children and Young People's Services Committee networks in Cavan, Monaghan Sligo, Leitrim and Donegal.
Thoroughout the project we worked in close partnership with Secondary Schools, National Schools, Family Resource Centres and Youth Clubs.

STRATEGIC GOAL 4 QUALITY GOVERNANCE

Monthly supervision with our lead partners Action Mental Health NI
Monthly external supervision for one 2 one staff
Monthly staff meetings
Monthly team meetings

Letterkenny Youth Information Centre

WHAT?

Letterkenny Youth Information Centre provides a free, confidential information service to young people and those who work with them. The Centre is managed by Donegal Youth Service and is the only one of its kind in Donegal and it operates a one stop shop approach where all the information is available under the one roof. We also support parents/guardians seeking information and support for their young people

WHERE?

Letterkenny drop-in centre: Monday-Friday. YIChat live chat service - www.spunout.ie Outreach: Information provided at various locations throughout Donegal.

WHEN?

YICentre 10am - 6pm Monday to Friday YIChat 4-pm - 8pm Monday to Friday Tailored Groups and Workshops after 6pm

WHY?

The Youth Information Centre exists to help and support young people on both a personal and group level. Through our work we have campaigned on youth related issues on a local and national basis, while also working to encourage and motivate young people to overcome barriers and achieve their goals in life. YIC Letterkenny is a multiplier of Eurodesk and part of ERYICA (European Youth Information and Counselling Agency).

STAFF?

Gareth Gibson, Katarzyna Kurzeja, Derek Callaghan

FUNDERS?

Donegal ETB and Department of Children, Equality, Disability, Integration and Youth

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Letterkenny Youth Information Centre engaged almost 12,000 young people in 2023. This was achieved by dealing with an incredible 7,620 queries. The most popular topics of the queries among young people were accommodation, education and social welfare/ financial support.
We facilitated 153 Internet Safety/Cyberbullying Workshops reaching 4,023 young people and 170 parents, as well as various groups such as Media Group and Role-Playing group which brought a great fun and a safe environment to young people involved.
YIC Letterkenny was present at 3 fairs organised by our local partners, serving more than 250 people in total.
The online Youth Information Chat service was a highlight for the year. In partnership with the other Youth Information providers (Youth Work Ireland, YMCA, Crosscare and Spunout) saw 1932 queries answered nationally and 228 by our centre only, and with no young person waiting longer than 10 seconds to be supported.

Letterkenny YIC welcomed young people and professionals at the various European Celebration days. Two of most successful being the European Youth Information Day in April, the Europe Day in May resulted in holding the EU focused conference organised in cooperation with County Council and Europe Direct Letterkenny. The Youth Information Officer spoke about the opportunities in bringing young people together and also the benefits of taking part in European programmes in Europe (Erasmus+, Discover EU and Eurodesk).

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

The Youth Information Centre supported 5 local TY students in their work placements, allowing them to achieve their potential and develop professional skills.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

Providing European Youth Information was again a popular category, which enabled us to achieve some great outcomes in partnership with Eurodesk nationally as well as more locally with Letterkenny Europe Direct Centre and to facilitate various events, such as successful 'Time to Move' where we met with over 50 young people.

We engaged in an Erasmus+ project that allowed 20 young people from Ireland and Poland to participate in a 7-day-long youth exchange.

We hosted a group of French teenagers over the Summer who were exploring differences between Irish and French cultures and were developed the board game Challenging Cultural Stereotypes. As a result, we found a new reliable partner in France.

STRATEGIC GOAL 4 QUALITY GOVERNANCE

Disseminating information on social media and online platforms is an integral aspect of how we do our work. This year we shared almost 500 posts, stories and videos across Facebook, Instagram and Twitter, reaching an incrediable 40,000 impressions

"I come to drop in because I like the people, the fun, the cultural differences. There is so much fun, and so much to do here, the place is energetic, people are so friendly, and you never feel left alone. It is a sense of belonging, and it is easy to make friends, and workers are so helpful and taking care of young people." Alex, 17

"I like to come here because it is a way to interact with people, and I like to play pool, and I quite enjoy coming in to see the workers and having a chat with them". Laura, 21

YouthTalk CBT Project

WHAT?

Our YouthTalk programme is the umbrella title that oversees the delivery of all one to one youth work across all of the projects that Donegal Youth Service offers. These projects also include Creative Community Alternatives (CCA). CCA is an intensive one to one support service that helps young people to maintain their foster care placements. YouthTalk also offers one to one listening ear support. YouthTalk staff work with young people to deliver Youth Work on a one to one basis. Young people are often referred to this project from Tusla Social Work and from CAMHS. We also get referrals from schools, parents and directly from young people themselves. The YouthTalk programme offers monthly external group supervision to Donegal Youth Service staff to help them to process the impact of hearing the often traumatic stories of individual young people.

WHERE?

Work takes place countywide according to where the need is.

WHEN?

Each young person has a set number of hours of support. Monday - Saturday

WHY?

Each young person has a tailor-made set of outcomes for example: To support the young person to remain in their care placement. To integrate young people into the community, support engagement in positive programmes and activities identified by them. Help young people in care to communicate how they feel with the hope they will be better equipped to manage their care placement and challenges they may be facing.

STAFF?

Frankie Mc Greevy, Sinead Murray Lynch, Dominic Mc Glinchey & Helen Simms.

FUNDERS?

Tusla

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

A total of 48 young people received Cognitive Behaviour Therapy at the Donegal Youth Service in 2023. We receive funding from the Tusla Child and Family Service and the Dormant Accounts fund. Young people are referred from Tusla Social Work and from Dormant Accounts

Within Donegal Youth Service we had 6 Cognitive Behaviour Therapists offering their services and all receive therapeutic supervision from a qualified clinical CBT supervisor.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

We have strong relationships in Deele College Raphoe and in Pobolscoil Gweedore

STRATEGIC GOAL 4 QUALITY GOVERNANCE

All our therapists are members of the National Council of Psychotherapists NCIP and follow their governance guidelines.

Unlocking Your Potential

WHAT?

A Personal Youth Development Programme, funded by the International Fund for Ireland, this project focuses on the hardest to reach in our communities.

WHERE?

Letterkenny, Ballybofey, Stanorlar, Raphoe, Convoy, Castlefinn, Ballyshannon, Lifford

WHEN?

Monday-Friday plus on-call support out of hours and weekends.

STAFF?

Charlene Logue, Michelle Wylam, Helen Simms.

WHY?

The 'Unlocking your Potential (UP) project targets a small cohort of 16-25 year olds not currently in education, training or employment, who are vulnerable to polarisation, come from complex and difficult backgrounds, and therefore are most at risk of marginalisation and disadvantage. The project builds on participants' personal development, resilience and coping skills and when appropriate provide training options to promote employment or further education opportunities.

FUNDERS?

International Fund for Ireland

INTERNATIONAL FUND FOR IRELAND

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

One to Ones - Face to Face
262 one to one sessions with 24 young people were provided by project staff
43 sessions of CBT with 5 young people were provided

One to Ones - PhoneCall/Text
221 WhatsApp Support Texts with 11 young people were carried out by project staff
9 WhatsApp Support Calls with 3 young people
20 SMS Support Texts with 3 young people were answered by staff

Personal Development and Independent Living Skills remained a key focus this year and participants received ongoing assistance and guidance with budgeting, meal planning & sleep hygiene. One participant needed assistance sourcing accommodation . He is now very happily settled in his new apartment and plans to commence an Access course in Letterkenny ATU in 2024. Some other participants also required help in learning how to look for accommodation, how to apply for council housing and how to apply for Housing Assistance Payment (HAP).

Large numbers of participants in 2023 presented with high levels of general anxiety and social anxiety. The reasons for this are not fully known but some of it seemed to stem from the pandemic and lockdown and from negative experiences in school. Project staff are trained in CBT and provided this therapy where appropriate. During 2023 blocks of 6-8 weeks of CBT were offered to 5 participants. CBT techniques were used with other participants who did not need the full 6-8 weeks but needed tools to challenge negative thinking patterns, poor decision making and self-sabotaging behaviours. Project staff found CBT beneficial for improving participants' motivation.

Star Youth Project

WHAT?

The STAR project is to support young people from the Creeslough area and surrounding areas aged 8-21.

WHERE?

Creeslough Youth Club
Mulroy College
Creeslough Community

WHEN?

Tuesdays 6pm - 7.30pm
Wednesdays 6pm - 7.30pm in Creeslough YC
Various Days and times in Mulroy College and the Creeslough Community

STAFF?

Charlene Logue, Gareth Gibson, Jackie Ferry, Conor Malone

WHY?

The Star Project supports young people who have been affected by the Creeslough Tragedy and the wider community. This is achieved through group work and one to one listening ear.

FUNDERS?

TUSLA

TUSLA
An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency

So where did 'STAR' name and logo originate? Students in Mulroy College worked together in groups to come up with a name and Logo for the project. There were 4 distinct graphics and 1 excellent acronym delivered so taking each graphic to be used in each of the capital letters that formed STAR, the STAR Project (Supporting Teenagers Around our Region) was devised. Great result and well done to the designers!

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Personal Development Programmes were delivered in 4-week blocks with 2nd & 3rd year students. Topics included looking at positive and negative behaviours and how it can affect wellbeing; setting personal goals and future goals that enable students to reach their full potential. In addition to this the students looked at the positive coping mechanisms young people need to use to help deal with emotions and build resilience. Internet Safety Workshops were delivered to ensure young people keep safe while online. Motivational Workshops, Time Management, Study Skills & Tips Workshops were delivered to 64 students from 5th & 6th year. As an end of year reward, the groups went to Wild Atlantic Adventures, Clonmany, thanks to funding from VHI. In addition, 52 2nd year students went to Oakfire Adventures in Derry.

650 students attended Vaping Awareness sessions - using a whole-school approach to deliver the message of the dangers of Vaping. Vaping seems to be a big problem in all schools throughout Donegal and in partnership with ILLUMIN8, STAR informed the students on how dangerous it is to vape and the long-term effects it has on their bodies.

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

A Transition Programme took place in Scoil Mhuire National School to assist 6th class to be more comfortable about the move to Secondary School.
1-1 work took place in the school, out of the school and at the Youth Club for any young person needing assistance with coping/anxiety.
ASPIRE Donegal assisted Creeslough Youth Club to apply for much needed Capital Equipment Grant under the ETB Capital Grant Scheme 2023 and was able to purchase some much-needed storage for the Clubs equipment and also purchase updated equipment as the YC equipment was in dire need of replacement.
The Creeslough Response Youth Support Worker delivered a session on Drugs and Alcohol Awareness to Leaving Cert Applied students in Mulroy College. They also took part in some gym sessions facilitated by Elevate55 and KO Fitness.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

Our Generation (SEUPB, Peace IV) visited Mulroy College to deliver workshops on Confidence, Self-Esteem, Coping Mechanisms & Resilience. All delivered using group activities and team games to learn how to improve confidence and self-esteem in a fun and interactive way.

A two-week Mural Summer Camp took place in the school, with a Graffiti Artist engaged to create visual pieces. 2 x pieces of art designed by the young people now hang in the Memorial Garden in Mulroy College. Thank you to Our Generation for supporting us with this financially.

At the Youth Club various activities were on offer including Claymation, Dodgeball, Basketball. The Youth Support Worker worked in partnership with the volunteer leaders from Creeslough Youth Club to discuss and plan activities and events. These fun activities encourage social interaction with the young people and improves their mental health.

Under ASPIRE Donegal, guest facilitators came to the Youth Club to deliver Animation, Party Animals (a real mini travelling zoo with the young people being able to handle small animals, which they loved) and Copper Craft workshops. Some young people at the Youth Club also undertook Basic First Aid with Enable First Aid.

Thanks to funding from the Atlantic Technology University (ATU) & Erasmus, working to a theme of Environmental Awareness. Participants worked in teams and came up with ideas for an Environmental Mural and it is now in place in a prominent position upon entering the village, on the side wall of the local Post Office. Once again, a Graffiti artist was utilised to work with the young people.

A Community Clean-up and Remembrance Mural for the Community was designed. There was also a trip to the Milk Farm where young people got to see the whole experience from milking the cow to the final production of products. The young people finished their work with a trip to Xtreme Jump followed by a relaxing movie in Century Cinema as part of a week-long Summer Camp which focused on protecting the environment.

ASPIRE Donegal

WHAT?

TThe ASPIRE Programme works with young people aged 10-25 yrs across Donegal. Specifically targeting Early School leavers (Daybreak),LGBTI+ (BreakOuT), Young Travellers as well as working across all 30 DYS Youth Clubs

WHERE?

30 youth clubs across the county. Daybreak LK, (Raphoe & Falcarragh for 18 sessions p/a) BreakOuT (Raphoe)

WHEN?

Staff are available from 9am - 10pm Monday - Friday and 2pm - 6pm on Saturdays. Youth Clubs have their own set of opening hours

WHY?

To help promote and support quality youth work provision and informal education across the county of Donegal

STAFF?

Charlene Logue, Pearl Johnston, Jackie Ferry, Bernie Cunningham, & Megan Rushe

FUNDERS?

Department of Children, Equality, Disability, Integration and Youth (DCEDIY) BeLonGTo, HSE

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

'UPS Road Code Driving Simulator' sessions took place in Fanad Youth Club to 12 participants.
The 'Quiz Night' at the Silver Tassie was a great success - BreakOuT, Elevate55, Creeslough YC Club, Oige Chriost Ri & Paisti Cos Mara took part with over 80 young people participating.
'John Ruddy Drama, Animation & Cartoons' visited Glengad Youth Club, Club Oige Leitir Ceanainn, Malin Head Youth Club, Pobail Le Cheile, Ionad Naomh Fionnán with 122 participants.
'Party Animals' visited Glengad YC, Slieve League Special Needs YC, Convoy YC, J117 YC, Planet Youth, Moyne Ulster Scots YC.
'Sustainable Fashion' work took place in St. Brigid's YC, Clonmany with 4 participants learning to recycle, upcycle and learn how to use a sewing machine.
Planet Youth 'Girls Craft' group ran for 6 weeks to 5 participants.
'Copper Art' session in Convoy Youth Club with 26 participants.
'Stop Motion Animation', in Dunfanaghy with 12 participants.
'Health & Wellbeing for Teens' in Involve Youth Club with 11 participants.
'Drug, Vaping & Alcohol Awareness' at Club Oige Chriost Ri, Creeslough Youth Club, Ionad Naomh Fionnán, Convoy Youth Club & Glengad Youth Club
'Halloween Fancy Dress Photo Competition' 85 entries from 7 Clubs.

ASPIRE Summer Camps were really well received. ASPIRE Donegal engaged over 170 young people across our affiliated Youth Clubs in Donegal in July and August. Camps took place in Club Oige Ionad Naomh Padraig Dore, BreakOuT, Club Oige Ionad Naomh Fionnán Falcarragh, Creeslough YC, Malin Head YC, Planet Youth Project Ballybofey, Donegal Family Resource Centre YC, Convoy YC, Club Oige Pobail Le Cheile Falcarragh, The Forge Family Resource Centre YC in Pettigo, Glengad YC and Moyne Ulster Scots YC Donegal Town. Activities included team games and challenges, outdoor activities as well as tie-dying t-shirts & socks.

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Daybreak
Staff engaged 19 learners in Academic work in the mornings with Personal & Social Development work in the afternoons including Kinia technology, Sexual Health Awareness, Home Economics, Budgeting and Meal Preparation.
Review meetings took place with the School Completion Project, Education Welfare Officers, schools and parents to assist with placing young people onto the programme. Participants visited Youthreach & North West Regional College, Derry to explore further education or training.
The Transition Programme for 6th class was delivered in 5 schools to 72 students for those National School's feeding into Secondary Schools in Letterkenny.
Daybreak participants enjoyed a trip to Lifford Jailbreak with the Daybreak Raphoe & Falcarragh participants.

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

Staff carried out Youth Club support visits as well as delivering various programmes in the following Youth Clubs. Fanad YC, The Forge YC, Planet Youth & Glengad YC, Creeslough YC, Club Oige Chroíst Rí, Oige le Cheile, Ionad Naomh Fionnán, Donegal Family Resource Centre, YC, Pobail Le Cheile, Malin Head YC, Dunfanaghy YC, Convoy YC, Moyne Ulster Scots & Involve Youth Club.

We welcomed 3 new Youth Clubs - Convoy YC, Project Orange & Slieve League Special Needs YC and they are all dynamic additions to our service.

The annual Celebration Event took place at the Atlantic Technology Unit, Letterkenny and the Winners were:
Youth Club of the Year - 1st Planet Youth
Youth Club Volunteer of the Year - Jennifer Gallagher, Planet Youth Project.
Youth Club Young Person of the Year - Ryan Gallagher, Planet Youth Project.

The 2023 Flag Day was held over the weekend of 13/14 May and is a vital source of income for some of our Youth clubs. Thanks to the Gardaí for permitting this activity to take place annually.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

ASPIRE staff supported Glenties school staff in planning and running their first ever summer camp for incoming first years. Staff engaged with 120 young people over two weeks. Activities included Team Building Games, Tie Dying, Beach Games, Arts and Crafts, Sand Castle Competitions and in collaboration with Wild & Free Adventures Co. in Donegal, young people got to experience Surf and SUP lessons on Portnoo beach in the sun.

Meitheals
Various staff engaged with 2 Meitheals to assist young people who were struggling with various issues.

STRATEGIC GOAL 4 QUALITY GOVERNANCE

The Child Safeguarding Statement & Risk Assessment (CSS & RA) was reviewed and updated in 2023. All DYS Youth Clubs & Projects received a 3' x 2' flexi board (CSS & RA) for display in their premises, as required by CF legislation.
Briefing for Boards of Directors was carried out and staff were notified of their legal responsibilities as 'Mandated Persons' under CF requirements.

Open College Network NI
ASPIRE Donegal delivers Youth Leader Training Level II annually. In 2023 11 Volunteers participated in the Letterkenny cohort and a cohort of 15 Ukrainians participated in Bundoran.
DYS had an External Verification desktop check and we achieved 'Low Risk' 🙂

Safeguarding
10 Child Protection Awareness Programmes were delivered to 101 Volunteers in 7 Youth Clubs as well as with the Islamic Centre, Ukrainian Volunteers and DYS Volunteers/CE staff.
283 Garda Vetting Forms were processed for local Youth Clubs and Projects
The DYS 'Child Protection Policy' and the 'Garda Vetting Policy' were both updated.
The 2023 - 2025 Risk Assessment & Safeguarding Statements (Children First requirements) were also updated and passed fit for purpose by both HSE and Tusla.

ASPIRE Inishowen

WHAT?

Project working with young people aged 10-24 yrs across four clearly defined areas of Inishowen (Buncrana, Carndonagh, Clonmany & Moville). Specifically targeting LGBTI+, Early School Leavers, Young Travellers & the Underemployed.

WHERE?

Buncrana - Buncrana Youth & Community Club
Carndonagh - Spraoi Agus Sport
Clonmany - Clonmany Community Centre
Moville - Moville Family Resource Centre

WHEN?

Monday - Friday plus out of hours support for young people evenings and weekends

WHY?

So young people in the 4 areas of Inishowen can have access to Youth Services to support their potential as they transition from childhood to adulthood

STAFF?

Charlene Logue, Yvonne Tilley, Mark Reader

FUNDERS?

Donegal ETB, Department of Children, Equality, Disability, Integration and Youth

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Aspire Inishowen has had a productive and impactful year, working tirelessly to support young people across the Inishowen region. Our programmes and initiatives have aimed to address various challenges faced by young people, with a particular focus on resilience, mental health, social inclusion, leadership and skills development. Through strategic partnerships, innovative projects, and dedicated staff, we have made significant strides in empowering and uplifting the youth in our community.

The Aspire Inishowen Transition programme was delivered by Yvonne & Mark in six schools in the Inishowen area. Plans were underway in May for Aspire Inishowen Summer Camp, which was successful completed in July in Buncrana, Carndonagh, Clonmany, and Moville, with a record number of participants in each area taking part in camp fire building skills, Lego challenges, tie-dye art and many other fun activities. In June staff took a group of LGBTQI+ young people from all areas to Pride in Dublin, young people had a great day away. One-to-one support and group activities during summer break continued for Aspire Inishowen young people. With the procurement of equipment and supplies with Capital Grant, we are now in a position to offer camping trips to young people. Staff also completed training in Creative Mindfulness for teens. At the beginning of the academic year in September we had a renewed focus on recruitment, training, and programme development. We Implemented risk assessments and planning for upcoming activities, engaged with new referrals and focused on strengthening existing partnerships. Planning began for the Gaisce trip and Youth Advisory Group residential. Aspire Inishowen began resilience building sessions with young people as well as peer mentoring. With the commencement of mural work with facilitator Karl Porter, young people were busy at the end of year.

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

Throughout the year, Aspire Inishowen convened three advisory meetings, in addition to various team and staff gatherings. Furthermore, three Youth Advisory meetings were convened, fostering active engagement and collaboration among participants.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

Aspire Inishowen continued delivery of groups in Buncrana Youth & Community Centre. Our home-school group in Clonmany focused specifically on numeracy skills and personal development. Our LGBTQI+ and supporters group relocated back to Moville Family Resource Centre, it had previously taken place in the Methodist Hall, Moville. With a reshuffle of groups in Buncrana in February we focused on one group for the remainder of the year, namely LGBTQI+ and supporters evening group. This group has transitioned to facilitate space for neuro-diverse young people also. Our Home Schooled group in Clonmany engaged in outdoor activities, while all groups prepared for upcoming art projects with UV Arts. Group activities continued across all locations as well as one-to-one support.

STRATEGIC GOAL 4 QUALITY GOVERNANCE

At the beginning of the year staff attended Autism Belonging & Inclusion in Youthwork Conference. Aided by the Our Generation team, young people from all areas in Aspire Inishowen took part in a cross-border collaboration to design and create a Mural for CAMHS building in Buncrana. Staff also attended Youth Talk Training in Letterkenny. At the beginning of the year, Aspire Inishowen had many referrals, the majority of which came through from CAMHS and School Completion.

For 2023 Aspire Inishowen has remained committed to its mission of empowering young people and promoting their well-being. We look forward to building upon our achievements in the coming year and continuing to make a positive impact in the lives of young people in our community.

WHAT?

Illumin8 is a social enterprise set up by DYS to meet the demand for Mental Health Resilience workshops that had previously been delivered by the Our Generation Project.

WHERE?

Donegal - County Wide

WHEN?

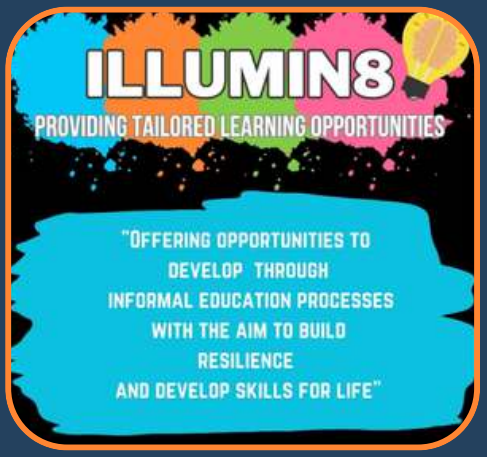
Monday to Saturday

WHY?

The Illumin8 project taps into the collective skills and expertise of staff members at the Donegal Youth Service (DYS) in order to deliver programmes to young people and key contacts in schools and community settings.

Staff?

Frankie McGreevy, Laura Byrne



STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

A total of 780 young people received Mental Health Resilience workshops between August and December 2023.We worked in over 27 locations including secondary schools and primary schools across Donegal.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

We have strong relationships with the secondary schools and primary schools across Donegal.

"All children were engaged and loved the session. Good balance of listening, active learning and movement" Class Teacher Lifford NS

"Thank you for the fun and engaging workshops" Principal, Staff & Pupils - Scoil Mhuire Creeslough

Future Innovators

WHAT?

Future Innovators is a cross-border Peace 4 funded project led out by Cooperation Ireland in partnership with Belfast Interface Project, Donegal Youth Service, Animorph and the University of Essex. The project is to work with communities in five Urban Village areas of Belfast and Derry and a community in County Donegal developing plans to improve their social economy using social innovation.

WHERE?

The Donegal Youth Service delivery of the project will take place primarily on Arranmore Island.

WHEN?

Project launch 27th October 2021, with completion in June 2023.

STAFF?

Frankie McGreevy, Adrian Begley

WHY?

The Future Innovators project aims to address social challenges using social innovation and social enterprise approaches while working with local residents, community groups and organisations in the six target areas. A key element of the process involved the creation of a digital toolkit in co-operation with each of the communities for use by their residents and organisations to envision and plan their areas for a more sustainable future.

FUNDERS?

Peace IV, SEUPB

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

The Future Innovators project wrapped up in June 2023. Between January and June 2023 the Future Innovators project supported 3 community groups to implement social change initiatives in their local community. The Magheroarty community garden run by Togra Fiontra and Cultur Uladh was helped by the Future Innovators fund, helping local households who have access to small parcels of land learn and grow together.

Throughout 2023, Future Innovators staff also attended team, management and public meetings in Donegal, Derry and Belfast. In Donegal , the project engaged directly with 15 community groups and organisations, 10 businesses and saw 100+ individuals engaged, including 25+ young people in West Donegal.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

We have strong relationships in Deele College Raphoe and in Pobolscoil Gweedore

Ukrainian Integration Project

WHAT?

To support youth organisations and youth clubs to support young people who have fled from the war in Ukraine in their community during 2023

WHERE?

Donegal

WHEN?

July 2023 - December 2023

STAFF?

Charlene Logue, Gareth Gibson, Fadl Mustapha

WHY?

Support interventions for young people who have fled from the war in Ukraine as they integrate into Irish society

FUNDERS?

Department of Children, Equality, Disability, Integration and Youth

Donegal Education and Training Board

An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality, Disability, Integration and Youth

etb
Bord Oideachais agus Oiliúna Dhún na nGall
Donegal Education and Training Board

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Over 300 Young People Engaged in attending information sessions about the programme and participation in Youth clubs and different programmes.

Through the Ukrainian Integration Fund, there has been a significant increase in participation of Ukrainian Young People in youth clubs across Donegal. Particularly in our Donegal Youth Service Programmes and clubs and that is mainly due to the fact that transportation in Letterkenny is much more feasible than in some parts of Donegal. We have Ukrainian Young People participating in Arts Clubs, Music Health and Fitness and other Programmes across the board in DYS and our affiliated clubs across Donegal.
We organised Gartan Residentials for integrated groups of young people among them Ukrainian Young People. The residential was around team building, fun and entertainment.
We organised with Errigal College a Gartan day out for Transition Students among them Ukrainian Young People. The group included international students.
A number of Ukrainian Young people participated in the LOFT Summer camps at DYS, Groups came from Letterkenny, Rathmullan, Ramelton, Milfrod, Bundoran, Moville, Clonmany, Buncrana, Bunbeg.
The camps were held in our HQ at DYS and trips to activity centres.
We also have an increased interest in the Music Clubs in DYS leading to Party in the Park.

STRATEGIC GOAL 2 SUPPORTING VOLUNTEERS

Through the Integration Grant Support to Ukraine (Migrant) Young People we delivered OCN Level 2 Youth Leadership and Child Protection Policy Training to 15 Ukrainian adults in Bundoran and 2 Ukrainian Adults in Letterkenny among 20 other trainees. This training will open a number of opportunities towards employment and volunteering to those who have completed the course. It is also a step in the ladder for them to pursue further education and continue to higher levels in the field of Youth Leadership. As an outcome and result to the training in Bundoran there is now a desire and a plan to initiate a youth club to support Ukrainian young people that will be affiliated with the Donegal Youth Service, and for this club to be open to other nationalities for the purpose of integration.

Delivered accredited Youth Leadership Training and accredited Child Protection Policy Training to 15 adults/guardians and parents in Bundoran, Co. Donegal. These individuals received Level 2 certificates which will open the possibilities and opportunities in volunteering in Youth Organisations or continuing to achieve higher levels for future employment opportunities.

STRATEGIC GOAL 3 SUPPORTING PARTNERSHIPS

There has been an increase of Ukrainian Young People accessing the Youth Information Centre, DYS,Letterkenny for support in further education options, employment opportunities, CV preparations and mock interviews. Work was conducted in collaboration with Solas accommodation centres in Manorcunningham and Rathmullan. We supported and worked with St. Columba's Comprehensive School, Glenties, in the form of funding towards a Christmas Ukrainian Event for children and parents and funding towards the purchase of Board Games to promote and encourage English Language.

We worked closely in collaboration with the Ukrainian Support Team within the Donegal Local Development Company to assist us in reaching out and opening the channels of communication with the Ukrainian community living in Donegal. Through this work we delivered information sessions in Residentials, Accommodation Centres, Hotels and in our own HQ.

'I did the leadership training in Bundoran and it has really helped me develop as a person. As a volunteer, I now have training that allows me to properly interact with children. A lot of it is about what I should say, what I shouldn't say,' explained 29-year-old Ukrainian, Dmytro Malatskovskyi.

Tusla Intensive One to One

WHAT?

Intensive one to one work with young people through CIC (Children in Care) CCA (Creative Community Alternatives) and Young People in LAC (Leaving and After Care).

WHERE?

Cases are located countywide according to need

WHEN?

Monday - Saturday

STAFF?

Lorraine Thompson, Gareth Gibson, Sinead Murray Lynch, Dominic McGlinchey, Siohan O'Connor, Elaine Begley

WHY?

- To support the young person to remain in their care placement
- To integrate young people into the community, support engagement in positive programmes and activities identified by them
- Help young people in care to communicate how they feel with the hope they will be better equipped to manage their care placement and challenges they may be facing.

FUNDERS?

TUSLA

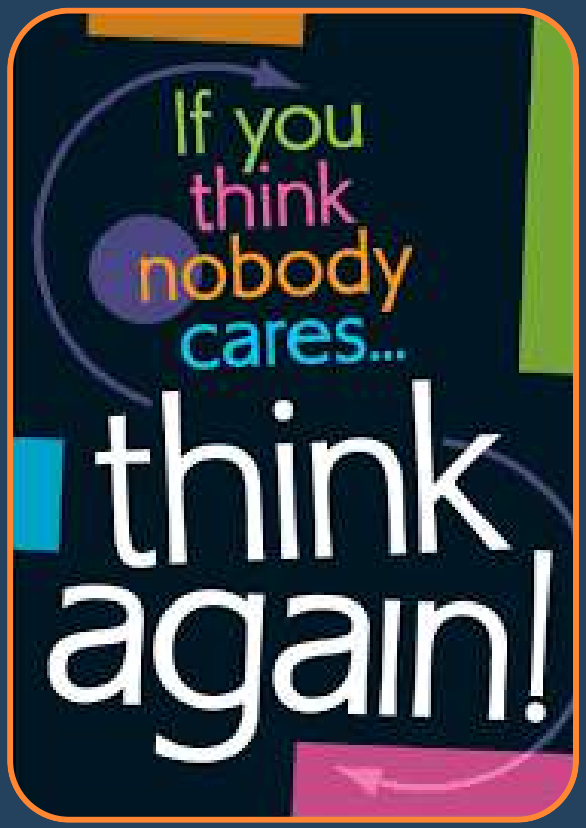
TUSLA
An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

Creative Community Alternatives:
482 sessions facilitated
18 Young People Participated
879 hours of engagment

Children In Care
43 sessions facilitated
2 young people invloved
79 hours of engagement

Leaving and After Care
85 sessions facilitated
1 young person
200 hours of engagement



Breakout

WHAT?

BreakOuT provides a safe, non-judgemental and fun youth work service to LGBTI+ young people and their non LGBTI+ friends. The service offers support for young people from 12-25 years old. Supporting individuals through a one to one listening ear service as well as providing a drop-in service in Letterkenny & Raphoe. The project worker also provides support to professionals, parents & teachers to guide them with best practice in dealing with young LGBT+ people. The project worker delivers LGBT+ awareness training to young people and adults.

WHERE?

BreakOuT is a countywide service. Three drop in groups based in Letterkenny (Donegal Youth Service) & also at Raphoe (FRC)

WHEN?

Raphoe FRC Thursday 4:00 - 6:00 pm
LK U18's Donegal Youth Service Saturday 2:00 - 4:00 pm
O18's 4:00 - 6.00 pm

STAFF?

Charlene Logue, Megan Rushe

WHY?

To provide a safe space where young LGBT+ can come and be themselves each week. BreakOuT provides a voice for young people empowering them to realise they have the potential to effect change.

FUNDERS?

HSE & BelongTo - Main funders

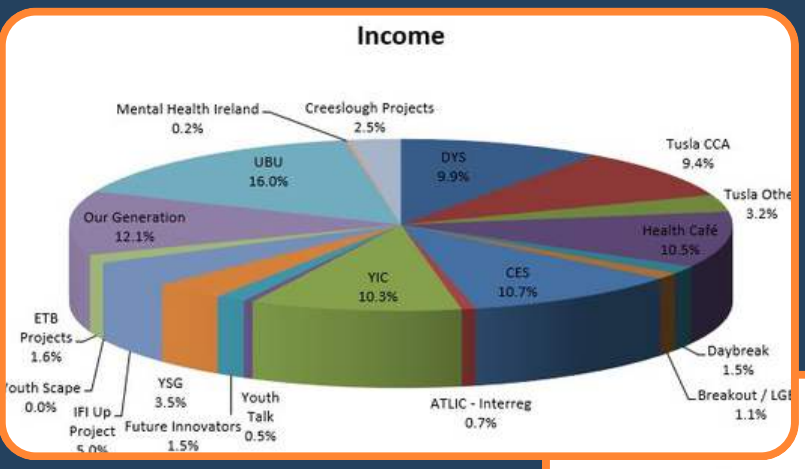
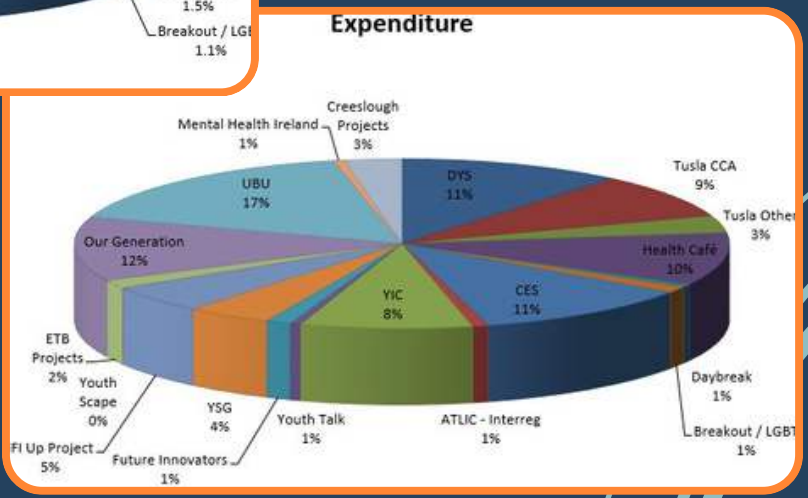
Other funders - DCEDIY & CYPSC Healthy Ireland

STRATEGIC GOAL 1 SUPPORTING YOUNG PEOPLE AND THEIR FAMILIES

BreakOuT staff, in partnership with, National Youth Council of Ireland, Youth Work Ireland, the Education Authority in NI, BeLonGTo, CaraFriend and Swan, attended an All-Ireland Conference on Youth Work with LGBTI+ young people entitled 'Purpose, Principles and Practice'.
The Raphoe BreakOuT group continued to meet weekly to plan and undertake activities.
BreakOuT took part in a mural workshop with Children in CrossFire to highlight Climate Change which is displayed on the front of the Letterkenny Youth & Community Youth Club, Letterkenny.
BreakOuT residential to Carlingford 14/15 April with 30 participants, including four young people from Breakout Raphoe.
20 young people from BreakOuT took part in the Aspire Quiz on 27 April.
20 young people from BreakOuT travelled to Inishowen for Pride on 4 June.
3 young people from BreakOuT took part in a community clean-up in June and their work was featured in the Donegal News.
17 young people took part in Stay Awake at DYS on 12 June.
BreakOuT participated in the Tesco Community Fund throughout the summer.
18 young people from BreakOuT participated in Dublin Pride and 1 participant from BreakOuT spoke at the event. This trip was in collaboration with ASPIRE Inishowen.
BreakOuT held its summer camp - two days of activities in DYS and 15 young people joined the Youth Clubs on a trip to Gartan on 5 August.

22 young people took part in Letterkenny Pride on 19 August.
Participants engaged in the Halloween Party in collaboration with Elevate55.
A range of training was delivered before and during 'Stand Up' week.
10 Nov Breakout 18+ revitalised with a pizza party and the group continued to meet until the end of year.
16 young people took part in BreakOuT cinema trip on 17 Nov.
28 young people attended the BreakOuT Christmas Party in Arena7.

Donegal Youth Services Ltd

Y/E 31/12/23
Summary for year

	Income	Expenditure	Income	Expenditure		
DYS	203,125	219,517	9.9%	11.1%	-	16,392
Tusla CCA	192,098	169,040	9.4%	8.6%		23,058
Tusla Other	65,054	64,604	3.2%	3.3%		450
Health Café	214,946	198,412	10.5%	10.0%		16,534
Daybreak	31,005	12,372	1.5%	0.6%		18,633
Breakout / LGBT	22,840	22,466	1.1%	1.1%		374
CES	217,895	218,092	10.7%	11.0%	-	197
ATLIC - Interreg	13,928	15,032	0.7%	0.8%	-	1,104
YIC	210,067	167,598	10.3%	8.5%		42,469
Youth Talk	9,464	10,364	0.5%	0.5%	-	900
Future Innovators	30,068	23,987	1.5%	1.2%		6,081
YSG	70,467	83,660	3.5%	4.2%	-	13,193
IFI Up Project	101,234	102,533	5.0%	5.2%	-	1,299
Youth Scape	-	959	0.0%	0.0%	-	959
ETB Projects	32,067	31,277	1.6%	1.6%		790
Our Generation	246,056	242,433	12.1%	12.3%		3,623
UBU	326,537	327,320	16.0%	16.6%	-	783
Mental Health Ireland	3,731	10,338	0.2%	0.5%	-	6,607
Creeslough Projects	50,961	55,968	2.5%	2.8%	-	5,007
	2,041,543	1,975,972	100%	100%		65,571
	2,041,543	1,975,972